

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975

NY State Catholic Outdoor Champions: 1975 & 1976

50y

1	6.1	Joseph Gariano	Jun 1937
2	6.2	Arthur Clark	1969
3	6.4	Joe Leavy	1970 Intersectionals

100y

1	9.8	Larry Haden	Jun 1976
	9.9	Larry Haden	May 1976
3	10.0	Benny Greaux	May 1972
4	10.1	Arthur Jackson	May 1972
5	10.2	Daryl Everett	May 1973
6	10.4	Greg Jones	May 1971
	10.4	Emilio Feliciano	May 1974
	10.4	Lance Hewitt	May 1975
9	10.8	Robert Jackson	May 1969
	10.8	David Arrastia	May 1974
11	10.9	Joe Hardy	June 1950
	10.9	Peter Melendez	Apr 1976



FINISH OF HEAT IN 100-YARD DASH AT TITLE MEET Wide World
 Gariano of Power Memorial winning junior event, with Littlefield of Mount St. Michael second, at C. H. S. A. championships. In the final the positions were reversed, Littlefield leading Gariano to the tape in 0:10.6.

Joseph Gariano 1938

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220y			
1	21.2	Greg Little	Apr 1974
	21.3	Greg Little	Mar 1974
2	21.5	Leland McGee	Jun 1973
3	21.8	Benny Greaux	May 1972
4	21.8	Julio Rivera	1973
	21.8	Daryl Everett	May 1974
6	22.0	Albert Green	May 1971
	22.0	Larry Haden	Apr 1976
8	22.1	Mike Twoomey	1950
9	22.2	John Jakimetz	May 1969
10	22.3	Robert Ricciardo	Jun 1973
11	22.4	Sean Lynch	May 1972
	22.4	David Arrastia	May 1975
	22.4	Pablo Maseda	Apr 1976
	22.4	Ricky Thomas	1978
15	22.6	Gil Figueroa	Apr 1976
16	22.7	Richard Zayas	Apr 1973
	22.7	Emilio Feliciano	May 1974
18	22.8	Dexter Kelly	May 1975
19	22.9	Martin Floyd	May 1976
20	23.0	Joe Niola	1961
	23.0	Arthur Clark	May 1970
	23.0	Kedrick Malone	May 1975
	23.0	Sam Johnson	May 1975
	23.0	Glenn Davis	Apr 1975
	23.0	Vinny Bowers	May 1976
	23.0	Peter Melendez	Apr 1977
27	23.1	Mike Harris	May 1969
28	23.1	Jimmy Secreto	May 1975
	23.1	Mark Hellins	Apr 1976
	23.0m	A. Little	May 1980



Greg Little receives baton from Daryl Everett 1973

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220y (continued)

31	23.2	Marty Wisnieski	May 1971
32	23.3	Jim Boland	May 1969
	23.3	David Powell	Apr 1972
	23.3	Peter Hendrickson	Jun 1973
	23.3	Jeff Clark	May 1975
36	23.4	Henry Norman	May 1971
	23.4	James Ehrie	Apr 1972
	23.4	Dennis Williams	Jun 1972
	23.4	Keith Poney	May 1974
	23.4	John Niccola	Apr 1977
	23.4	John Melendez	May 1977
42	23.5	Bob Buckridge	Spring 1950
	23.5	John McGurran	May 1973
	23.5	Edwin Oramus	May 1974
	23.6	Paddy Murphy	May 1937

330y

1	36.2	Gregg Little	Mar 1972
2	36.4	Larry Haden	Mar 1976
3	37.4	Gil Figueroa	Mar 1976
4	37.8	David Powell	Mar 1972
5	38.0	Kedrick Malone	Mar 1975
6	38.4	Jacques Alexandre	Mar 1973
7	38.8	Keith Poney	Mar 1973
	38.8	Jimmy Secreto	Mar 1974
9	39.2	Steve Smith	Mar 1972
	39.2	Vin Bowers	Mar 1975
	39.2	Mark Hellins	Mar 1976
	39.2	Joe Vogel	Mar 1977
13	39.7	Hector Melendez	Mar 1974

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440y			
1	48.8	Daryl Everett	May '73
	48.9	Daryl Everett	May '73
2	49.0	Gil Figueroa	Jun '76
3	49.3	Arthur Clark	Jun '72
4	49.4	Ed Duchini	1961
5	49.5	Robert Ricciardo	Apr '73
6	49.7	Greg Little	May '74
7	49.8	Julio Rivera	May '75
8	50.0	Mike Radov	May-31-1960 NY Sectionals
	50.0	Kedrick Malone	May '75
10	50.1	John Jakimetz	May '70
	50.1	Marty Wisnieski	May '71
12	50.2	Chancy Marsh	Mar '68
	50.2	Larry Haden	Jun '76
14	50.4	David Arrastia	Apr '75
15	50.9	Ray Naudain	May '71
16	51.0	John Lovett	1968
	51.0	John Redgrave	May '73
	51.0	Pablo Maseda	May '73
19	51.1	Matt Centrowitz	May '73
20	51.4	John Novak	May-27-1972 NY Sectionals
21	51.5	Mike Harris	May '71
22	51.6	Peter Lovett	Apr-06-1968 Brandeis Relays
23	51.8	Mario Campo	1967 NY Relays
	51.8	Mike Harris	May-01-1971 NY Relays
	51.8	Emilio Feliciano	May '74
26	51.9	Frank Bailey	Jun '50
	51.9	Bill Crawford	Jun '73
	51.9	Jimmy Secreto	May '75
29	52.0	Benny Greaux	Mar '72
30	52.2	Alex Winogradoff	1960
	52.2	Richard Zayas	Mar '73
32	52.3	John Shepherd	Apr '71
33	52.4	Charles Cronly	May '75
34	52.5	Robert Spaulding	Apr-30-1966 NY Relays
	52.5	Brian Horton	May '70
	52.5	Armando Vera	Apr '70



Benny Greaux

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400m (add .3 for yards)			
1	49.0	Gil Figueroa	Apr '76
2	50.1	Ricky Thomas	1980
3	50.7	Tony West	Apr '79
4	50.9	Larry Haden	Apr '76
5	51.6	Pablo Maseda	Apr '76
6	51.7	Charles Cronly	Apr '76
7	51.9	J. Waller	May '80

880y			
1	1:51.5	Matt Centrowitz	1973
2	1:51.7	Ed Duchini	1961
3	1:52.1	John Lovett	Apr '69
4	1:52.3	Maurice Weaver	May '76
5	1:52.8	Tony Colon	Apr '70
6	1:53.2	Chancy Marsh	1968 (Englewood)
7	1:53.8	Alfred Fiorentino	May '76
8	1:53.9	Ray Naudain	Apr '70
9	1:54.4	Peter Lovett	Apr '69
10	1:56.7	Marty Wisnieski	May '71
11	1:56.8	Arthur Clark	1972
12	1:57.4	John Jakimetz	Apr '70
	1:57.4	John Sullivan	Apr '77
14	1:57.7	Pat Rafferty	May '72
15	1:58.2	Ed Walsh	Jun '71
16	1:58.3	Brian Johnston	Apr '74
17	1:58.4	John Novak	1973
18	1:58.7	John Shepherd	Apr '71
	1:58.7	Gerry Centrowitz	May '74
20	1:58.8	Sean Ryan	1974
21	1:58.9	Tom Tuohey	1961
	1:58.9	Robert Ricciardo	Apr '73
23	1:59.1	Joe Barbary	Apr-20-1968 Queens-Iona
	1:59.1	Jeff Snaggs	Apr '72
25	1:59.2	Mike Demko	May '76
26	1:59.5	Andy Walsh	Apr '69
	1:59.5	Tom Cully	Mar '73



In 1961 Ed Duchini anchored Power to victory in the Penn Relays DMR Championship of America. Ed finished 3rd in the 880y run at the prestigious 1961 Golden West Invitational and won the 1960 CHSAA City Championship Cross Country title. Ed is the only person known to have won the CHSAA Freshman XC title, Sophomore XC title, a Junior XC title (no longer run) and the Varsity XC title as a Senior

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880y (continued)

28	1:59.7	Frank Rafferty	May '75	
29	1:59.9	Charley Cronly	1975	
30	2:00.0	Mike Radov	1960	
31	2:00.1	Tom Kenney	1959 Manh. Champs	School Record
	2:00.1	Kevin Meuchner	Mar '75	
33	2:00.3	Jose Cotto	Apr '77	
34	2:00.4	Armando Vera	Apr-25-1970	
35	2:00.8	Dave Smallwood	Jun '50	
36	2:00.9	Bill Palladini	Jun '72	
	2:00.9	Pete Dobrolski	Jun '74	
	2:00.9	Steve Hurley	Mar '75	

800m

1	1:53.6	Alfred Fiorentino	Apr '76
2	1:54.5	Maurice Weaver	Apr '76
3	1:57.9	Cassius Titus	Apr '79
4	1:58.3	Ricky Thomas	May '80
5	1:58.4	Jerry Cole	Apr '79
6	1:58.7	Tony West	May '80
7	1:59.0	Jose Cotto	Apr '77
8	1:59.1	Vin Hogan	Apr '77
9	1:59.6	Mike Demko	Apr '76
10	2:00.4	John Sullivan	Apr '76
11	2:01.0	Branden Weaver	Apr '79

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¾ Mile

1	3:04.1	Matt Centrowitz	Mar '73
2	3:06.1	Ray Naudain	Apr '70
3	3:06.3	Maurice Weaver	Apr '74
4	3:07.4	Alfred Fiorentino	Apr '75
5	3:07.8	Garth McKay	1967 NY Relays
6	3:07.8	John Lovett	Apr '69
7	3:09.5	Pat Rafferty	Apr '72
8	3:10.5	Brian Johnston	Mar '73
9	3:11.0	Charley Cronly	Mar '77
10	3:11.4	Tom Tuohey	1961
11	3:11.5	John Doran	1960
12	3:12.0	John Sullivan	Apr '77
14	3:12.5	Tom Cully	Apr '73
15	3:12.7	Frank Rafferty	Apr '75
16	3:13.0	Chancy Marsh	Apr-06-1968 Brandeis Relays
17	3:13.6	Art McCarthy	Apr '64
18	3:14.8	Ed Walsh	Apr '71 NY Relays
19	3:15.0	Jose Cotto	Apr '77
20	3:16.0	Peter Lovett	Apr '68
21	3:17.3	Bill Palladini	Apr '72
22	3:18.2	Anthony Fiorentino	Apr '71 NY Relays
	3:18.2	Arthur Stolba	Mar '73
	3:18.2	Kevin Meuchner	Mar '75
25	3:19.4	Bruce Donohue	May '77
26	3:20.3	Gordon Jackson	Apr '68
27	3:20.9	Ed Jennings	Apr '74



Ray Naudain

1300m

(1200m Conversion)

1	3:21.0 (3:04.38)	Alfred Fiorentino	Apr '76
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1200m

1	3:10.8	Tony West	May '80
2	3:11.3	Jim Sullivan	Apr '79

1 ½ mile Steeplechase

1	8:01.0	Thomas Horan	Jun '72
2	8:15.0	Ed Jennings	Jun '74
3	8:30.7	James Gallagher	May '71
4	8:31.0	Derek Gourdin	Jun '72

3000m Steeplechase

1	10:33.8	Ed Jennings	1973
2	11:10.2	John Sullivan	May '75

1 Mile Walk

1	9:14.0	M. Curran	1974
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Power Memorial Academy

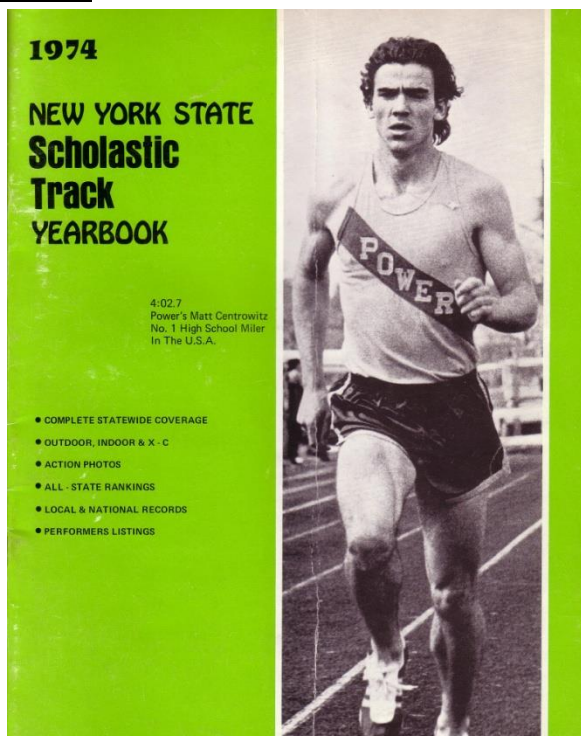
All Time Outdoor Track & Field Records

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Mile			
1	4:02.7	Matt Centrowitz	Jun 23, 1973 AAU Junior Nationals Univ Florida
2	4:06.0	Tony Colon	1970 Golden West
3	4:09.5	Maurice Weaver	April 30, 1976 NY Relays
4	4:15.2	Brian Johnston	May '74
5	4:16.3	Pat Rafferty	1972
6	4:17.0	Kevin O'Brien	1965
7	4:19.2	Ed Duchini	1961
8	4:19.8	Ed Walsh	May '70
9	4:20.6	Joe Barbary	Apr-06-1968 Brandeis Relays
10	4:20.9	Peter Lovett	Apr '69 Penn Relays
11	4:21.7	Gerry Centrowitz	May '74
12	4:22.0	Richard Stewart	May 28-1966 NY Sectionals
13	4:23.1	Ray Naudain	Jun '70
15	4:25.8	Arthur Stolba	May '74
16	4:26.2	Paul Barbary	April 30, 1971 NY Relays
17	4:26.8	John Lovett	CHSAA Relay Carnival Apr-12-1969
18	4:25.4m	Branden Weaver	Apr '79
18	4:27.4	Alfred Fiorentino	Apr '76
19	4:29.7	Frank Rafferty	May '75
20	4:30.2	Tom Cully	May '73
21	4:30.6	Kevin Meuchner	Apr '75
22	4:31.5	Vin Hogan	Apr '77
23	4:32.0	Charley Cronly	Apr '77
24	4:32.4	Anthony Fiorentino	May '71
25	4:33.1	Bruce Donohue	Apr '77
26	4:33.5	John Sullivan	Apr '77
27	4:34.2	Danny Tonery	May '73
28	4:38.1	Branden Weaver	1980
29	4:39.0	Andy Walsh	CHSAA Relay Carnival Apr-12-1969
	4:39.0	Marty Wisnieski	Mt. St. Michael's Apr-18-1971

NY State Record



Matt Centrowitz was the USA's number 1 ranked high school miler in 1973. Winner of the prestigious Golden West Mile. Current NY State mile record holder. His 8:56.2 two mile was a NY State record when run.

New York Relay Summaries

CHAMPIONSHIP EVENTS

320-Yard Intermediate Hurdles—1, Mike Corbett, Francis Lewis, 39.4 seconds; 2, Fred Singleton, Mount Vernon, 39.6; 3, Tom Coccia, Seton Hall (N.J.), 39.9; 4, Greg Smith, Jackson, 40.4; 5, Kevin Reilly, Port Washington, 40.6.

880-Yard Run—1, Joe Savage, Roselle (N.J.) Catholic, 1:51.8 (meet record; previous record, 1:54.2, John Heath, Flushing, 1968); 2, Ken Schappert, DuBois, 1:52.2; 3, Clifford Bruce, DuBois, 1:53.1; 4, Andy Artola, Paramus Catholic, 1:53.1; 5, Conrad Zink, Harborfields, 1:53.5.

One-Mile Run—1, Anthony Colon, Power, 4:11.2 (meet record; previous record, 4:17.2, Brian McElroy, Massachusetts, 1969); 2, Denis Fikar, Rice, 4:16.2; 3, Greg Bryan, Mount Vernon, 4:19.0; 4, Edward Walsh, Power, 4:19.8; 5, Kevin Kearney, Nazareth, 4:19.9.

Two-Mile Run—Mike Keogh, Essex Catholic, Newark, 9:08.6; (meet records; previous record, 9:24.8, Tom Shiland, Cambridge, 1969); 2, Vincent Cartier, Scotch Plains (N.J.), 9:17.4; 3, Marty Walsh, New Doro, 9:20.7; 4, Joe Galano, Roslyn, 9:26.4; 5, Peter Kelly, St. Benedict's (N.J.), 9:29.9.

Brvde, Mount Vernon, 46-134; 5, William Braxton, East N.Y., 45-115.

Discus Throw—1, Steve Adams, St. Joseph's (N.J.), 17' 9" inches; 2, Jim Long, Peiham, 16-11; 3, Richard Wenskus, Wantagh, 16-3; 4, Alan Wulack, Essex Catholic, 16-3; 5, John McCree, Essex Catholic, 15-0.

CLASSIFIED RELAYS

Class I One-Mile Relay—1, Hamilton, Elmsford, N. Y. (Johnson, Jones, Mitchell, Middleton), 3:36.5; 2, Rye Neck, 3:37.7; 3, Dobbs Ferry, 3:44.2; 4, Haldane, 3:44.3; 5, Cathedral, 3:49.8.

Class II One-Mile Relay (Section I)—1, Delbaron (Goodyear, MacDonald, Lang, Cole), 3:27.6; 2, Poly Prep, 3:38.7; 3, Northern Highlands, 3:31.8; 4, Roosevelt, L. I., 3:32.6; 5, Trinity, 3:58.6.

Class II One-Mile Relay (Section II)—1, St. Anthony's (D'Alberti, Droher, Baker, Golden), 3:29.9; 2, Queen of Peace, 3:31.1; 3, St. Joseph's, West N. Y. (N.J.), 3:32.3; 4, Paramus Catholic, 3:35.2; 5, Pasack Hills, 3:36.1.

Class III One-Mile Relay (Section III)—1, Floral Park (Cuomo, Reid, Zelinski, Azara), 3:34.8; 2, Waldwick, 3:37.5; 3, Hudson, 3:38.1; 4, Ardsley, 3:43.8; 5, Lourdes.

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1500 meters

(mile conversion)

1	3:43.4 (4:01.27)	Matt Centrowitz	Jul 20, 1973 USA vs Poland Jr Meet, Warsaw, Poland	NY State Record National Catholic High School Record
2	3:48.2 (4:06.46)	Tony Colon	1970	
3	3:50.0 (4:08.40)	Maurice Weaver	1976	
4	4:10.2 (4:30.22)	Pat Rafferty	1972	

1600 meters

1	4:15.5	Tony Colon	1970
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2 Miles

1	8:56.2	Matt Centrowitz	1973
2	9:05.2	Maurice Weaver	May '75
3	9:10.0	Tony Colon	1970
4	9:23.4	Paul Barbary	1971
5	9:24.2	Brian Johnston	May '74
6	9:27.0	Pat Rafferty	Jun '72
7	9:28.3	Joe Barbary	May-04-1968 Englewood Relays
8	9:36.8	Garth McKay	1967
9	9:38.2	Gerry Centrowitz	Mar '74
10	9:44.0	Arthur Stolba	May '74
11	9:44.8	Ed Duchini	1961
12	9:45.5	Gordon Jackson	May '68
15	9:55.9	Kevin Meuchner	May '74
16	9:59.9	Tom Tuohey	1961



Tony Colon (shown here anchoring a relay victory at Madison Square Garden). Tony was the USA's number 1 ranked high school miler in 1970 and winner of the prestigious Golden West Mile. His 4:06.0 mile was 2nd best all time for the GWI behind only Jim Ryun when run. It was still a top 10 GWI performance through 2016.

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3200 meters (2 mile conversion)			
1	9:34.3 (9:37.63)	Branden Weaver	May '80



Branden Weaver

3 miles			
1	13:48.0	Matt Centrowitz	1973

5000 meters				
1	14:17.0	Matt Centrowitz	Jul 27, 1973	NY State Record (when run)
2	14:53.4	Maurice Weaver	1975	

4 X 100m Relay			
1	43.3	Ron Pelissier, Randy Phillip, Mike Jermyn, Gus De Los Santos	May-23-1981 City Champs
3	44.6	Mark Hellins, Vinny Bowers, Pablo Maseda, Larry Haden	Apr '76
4	45.0		1980
5	45.8	Peter Melendez, John Melendez, Joe Vogel, Joe Maffia	Apr '77

400-meter relay— 1. Power (Ron Pelissier, Randy Phillip, Mike Jermyn, Gus Delos-Santos) 43.3 (meet record, previous record 44.1 by Loughlin, 1976); 2. Spellman 43.5; 3. Holy Cross 43.7; 4. St. Francis 44.1; 5. St. John Baptist 44.1.



1981 CHSAA Outdoor 4x100 City Champions
 Mike Jermyn, Coach Brian Batzer, Gus De Los Santos, Ron Pelissier, Randy Phillip
 (School & Meet Record)

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440y Relay

1	43.5	Benny Greaux, Greg Little, Arthur Jackson, Sean Lynch	1972
2	43.9	Ron Pelissier, Randy Phillip, Mike Jermyn, Gus De Los Santos	May 1981 NY Relays
2	44.5	Greg Little, Sean Lynch, A. Jackson, Daryl Everett	Apr '72
3	44.8	Leland McGee, D. Everett, Lance Hewitt, G. Little	Apr '73
4	44.9	L. McGee, David Powell, S. Lynch, A. Jackson	Apr '72
	44.9	A. Jackson, G. Little, S. Lynch, D. Everett	Apr '72
6	45.0	B. Greaux, Albert Green, Mike Harris, A. Jackson	Jun '71
	45.0	L. McGee, D. Everett, Peter Hendrickson, G. Little	Apr '73
8	45.3	Pablo Maseda, Larry Haden, John West, Gil Figueroa	Apr '76
9	45.4		1975
10	45.5	M. Harris, Henry Norman, A. Green, Glenn Davis	Apr '71
	45.5	David Arrastia, G. Davis, Edwin Oramus, Emilio Feliciano	Jun '74
	45.5	Keith Poney, Lance Hewitt, Jeff Clark, G. Davis	Apr '75
13	45.6	M. Harris, S. Lynch, A. Green, B. Greaux	Mt. St. Michael's Apr-18-1971
14	45.7	L. Hewitt, P. Hendrickson, Richard Zayas, L. McGee	Apr '73
	45.7	Julio Rivera, P. Maseda, E. Feliciano, D. Arrastia	Apr '74
16	46.0	A. Jackson, G. Little, S. Lynch, D. Everett	Apr '72
17	46.1	L. Hewitt, R. Zayas, Kedric Malone, P. Hendrickson	May '73
	46.1	D. Arrastia, G. Davis, E. Oramos, E. Feliciano	1975
19	46.2	K. Poney, Gerry Hines, G. Davis, D. Arrastia	Apr '74
	46.5	Mike Odom, Miller, G. Little, D. Everett	1971
	46.5	G. Figueroa, P. Maseda, Jimmy Secreto, L. Hewitt	Apr '75
	46.5	G. Little, Dexter Kelly, Martin Floyd, E. Feliciano	Apr '74
23	46.8	K. Poney, Sam Johnson, Vinny Bowers, L. Hewitt	Apr '75

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360y High Hurdle Relay

1	46.3	Manuel Yanes, Ewald Greene, Martin Nevrla	1966
2	47.2	M. Yanes, E. Greene, M. Nevrla	Apr '65
3	47.8	Keith Poney, Gerry Hines, Glenn Davis	May '75
4	48.3	G. Hines, G. Davis, K. Poney	Apr '75
5	52.7	G. Hines, Anthony Todd, G. Davis	Apr '74

4 x 330y Relay

1	2:32.4	Gil Figueroa, Vinny Bowers, Mark Hellins, Larry Haden 37.4 39.4 39.2 36.4	Mar '76
2	2:33.4	Mike Odom, David Powell, Steve Smith, Greg Little	Mar '72
3	2:37.9	Keith Poney, Edwin Oramus, Sam Johnson, Jacques Alexandre	Mar '73
4	2:38.0	K. Poney, Gerry Hines, V. Bowers, Kedric Malone	Mar '75
5	2:39.8	E. Oramus, Jimmy Secreto, Hector Melendez, S. Johnson	Mar '74

3 x 2 Mile Relay

1	29:52.4	Gerry Centrowitz, Frank Rafferty, Mick Rafferty 9:38.2 10:02.5 10:11.7	Mar '74
2	30:15.0	Joe Barbary, Gordon Jackson, Peter Lovett	Mar '68
3	30:34.0	Paul Barbary, Pat Rafferty, Ed Walsh	Mar '70
4	30:48.0	Danny Tonery, Ed Jennings, Gerry Centrowitz	Mar '73
5	30:57.9	Bill Michelson, John Cahalin, Tom D'Asaro	Mar '76
6	30:59.0	John Sullivan, J. Cahalin, Bill Michelson	Mar '75
7	31:04.2	Matt Centrowitz, Bill Palladini, Jim Gallagher	Mar '71
8	31:32.0		Mar '68
9	31:40.0	Anthony Larios, Ed Walsh, Basil Marcial 10:33.2 10:10.3 10:54.5	Mar-29-1969 Fordham Relays
10	32:01.1	Tom Rose, John McEvoy, Chris Meuchner	Mar '77

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880y Relay

1.	1:28.5	Daryl Everett, Leland McGee, Robert Ricciardo, Greg Little	Jun '73
2.	1:28.7	D. Everett, L. McGee, Julio Rivera, G. Little	May '73
3.	1:29.8	D. Everett, L. McGee, J. Rivera, G. Little	May '73
4.	1:30.0	D. Everett, L. McGee, Richard Zayas, G. Little	May '73
5.	1:30.3	L. McGee, R. Zayas, D. Everett, G. Little	Apr '73
6.	1:30.7	D. Everett, J. Rivera, Emilio Feliciano, G. Little	May '74
7.	1:31.3	L. McGee, Kedric Malone, Peter Hendrickson, G. Little	May '73
8.	1:31.5	D. Everett, K. Malone, Julio Rivera, G. Little	Apr '74
9.	1:31.8	Arthur Jackson, Benny Greaux, Sean Lynch, G. Little	May '72
10.	1:31.9	L. McGee, G. Little, Sean Lynch, Benny Greaux	Apr '72
11.	1:32.0	L. McGee, R. Zayas, S. Lynch, G. Little	Jun '72
12.	1:32.1	Gil Figueroa, Pablo Maseda, Mark Hellins, Larry Haden	May '76
13.	1:32.2	G. Little, D. Everett, Arthur Clark, B. Greaux	May '72
14.	1:32.4	G. Little, Martin Floyd, Glenn Davis, David Arrastia	May '74
15.	1:32.8	G. Figueroa, P. Maseda, M. Hellins, L. Haden	Apr '76
16.	1:33.0	B. Greaux, D. Everett, David Powell, G. Little	Apr '72
17.	1:33.4 (School Rec.)	Sean Lynch, Henry Norman, Benny Greaux, Albert Green 23.9 24.0 22.7 22.7	May 1, 1971 NY Relays
18.	1:33.6	J. Rivera, John McGurran, D. Everett, G. Little	May '73
19.	1:33.8	S. Lynch, H. Norman, B. Greaux, A. Green	May 1, 1971 NY Relays
	1:33.8	L. McGee, R. Zayas, K. Malone, G. Little	Apr '73
	1:33.8	G. Figueroa, M. Floyd, Dexter Kelly, Sam Johnson	Mar '75
21.	1:33.9	Joseph, John Jakimetz, Jim Boland, Mike Harris	1969 Intersectionals
22.	1:34.0	L. McGee, G. Little, S. Lynch, B. Greaux	May '72
23.	1:34.1	K. Poney, M. Floyd, Glenn Davis, Emilio Feliciano	May '74
24.	1:34.2	S. Johnson, Jeff Clark, Jimmy Secreto, M. Floyd	May '75
25.	1:34.3	A. Jackson, L. McGee, R. Zayas, S. Lynch	Mar '72
	1:34.3	John McGurran, P. Hendrickson, R. Zayas, L. McGee	Jun '73
	1:34.3	G. Figueroa, J. Clark, D. Kelly, D. Arrastia	Jun '75
28.	1:34.5	D. Powell, R. Zayas, Richard Borges, S. Lynch	May '72
29.	1:34.6	Howley, Hardy, Bob Buckridge, ??	1950



1975 CHSAA 880y Relay City Champions
(David Arrastia, Jeff Clark, Dexter Kelly, Gil Figueroa)

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975
NY State Catholic Outdoor Champions: 1975 & 1976

880y Relay

(continued)

	1 : 34 . 6	K. Poney, E. Feliciano, David Arrastia, G. Little	Mar '74
	1 : 34 . 6	G. Figueroa, J. Clark, S. Johnson, D. Kelly	May '75
	1 : 34 . 6	M. Hellins, P. Maseda, Peter Melendez, Vin Bowers	May '76
33.	1 : 34 . 7	G. Little, Miller, Greg Jones, D. Everett	1971
	1 : 34 . 7	K. Poney, G. Davis, Martin Floyd, D. Arrastia	May '74
35.	1 : 34 . 8	G. Little, Miller, Greg Jones, D. Everett	Jun '71
	1 : 34 . 8	G. Figueroa, S. Johnson, D. Kelly, L. Haden	May '75
37.	1 : 34 . 9	L. McGee, R. Zayas, P. Hendrickson, K. Malone	Mar '73
38.	1 : 35 . 0	S. Lynch, H. Norman, B Greaux, A. Green	Jun '71
	1 : 35 . 0	G. Figueroa, J. Clark, S. Johnson, D. Kelly	May '75
40.	1 : 35 . 1	Mike Harris, Sean Lynch, A. Green, B Greaux	Apr '71
41.	1 : 35 . 2	K. Poney, D. Arrastia, S. Johnson, M. Floyd	Apr '75
	1 : 35 . 2	M. Floyd, D. Kelly, J. Clark, K. Malone	Mar '75
	1 : 35 . 2	M. Hellins, P. Maseda, John Melendez, V. Bowers	May '76
44.	1 : 35 . 5	J. McGurran, P. Hendrickson, R. Zayas, L. McGee	Jun '73
	1 : 35 . 5	G. Figueroa, J. Clark, D. Kelly, D. Arrastia	May '75
46.	1 : 35 . 7	L. Haden, S. Johnson, D. Kelly, L. Hewitt	May '75
47.	1 : 35 . 8	M. Floyd, J. Secreto, P. Maseda, E. Feliciano	May '74
	1 : 35 . 8	Glenn Davis, L. Hewitt, D. Arrastia, S. Johnson	Mar '75
49.	1 : 35 . 9	M. Harris, S. Lynch, A. Clark, B. Greaux	May '70
	1 : 35 . 9	L. McGee, R. Zayas, S. Lynch, Powell	

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975
 NY State Catholic Outdoor Champions: 1975 & 1976

Sprint Medley Relay (220, 220, 440, 880)					
1.	3:27.8	Larry Haden, Pablo Maseda, Gil Figueroa, Maurice Weaver 23.8 22.4 49.0 1:52.6	May 18, 1976 NJ Relays	US #3 in 1976 T&F News All-America Team	
2.	3:35.2	G. Figueroa, P. Maseda, L. Haden, Alfred Fiorentino	Apr '76		
3.	3:37.0	G. Figueroa, Vinny Bowers, Mark Hellins, Maurice Weaver	Apr '76		
4.	3:41.4	Julio Rivera, Dixide Santiestaben, Kedric Malone, John Novak	Apr '73		
5.	3:41.5	M. Wisnieski, M. Harris, J. Shepherd, A. Clark	1970		
6.	3:42.3	Jimmy Secreto, Charley Cronly, Glenn Davis, Alfred Fiorentino	Apr '75		
7.	3:43.2	Sean Lynch, Henry Norman, Arthur Clark, John Shepherd	Jun '71		
8.	3:43.5	J. Rivera, K. Malone, D. Everett, G. Little	Apr '74		
9.	3:44.5	Al Fiorentino, Frank DeJesus, Dexter Kelly, P. Maseda	Mar '74		
10.	3:44.8	Rich Stewart, S. Walsh, Maninari, Mario Campo	1965		
11.	3:50.5	Ray Naudain, M/ Harris, Marty Wisnieski, Ed Walsh	1969 St. Francis Prep Relays		

4 Mile Relay					
1.	17:19.6	Arthur Stolba, Gerry Centrowitz, Maurice Weaver, Brian Johnston 4:25.8 4:21.7 4:16.9 4:15.2	May 21, 1974 NJ Relays	NY State Record for 32+ years	# 16 All Time USA through 2015
2.	17:45.5	Ed Walsh, Paul Barbary, Ray Naudain, Tony Colon	Jun '70	NY State Record when run	
3.	17:50.6	E. Walsh, P. Barbary, R. Naudain, Matt Centrowitz	Jun '71		
4.	18:04.6	Mario Campo, Joe Barbary, Chancy Marsh, Rich Stewart 4:27.0 4:37.5 4:38.0 4:22.1	Nov-15-1966 Molloy Meet		
5.	18:06.2	A. Colon, A. Walsh, Peter Lovett, John Lovett 4:36.5 4:39.0 4:23.3 4:26.8	Apr '69		
6.	18:07.6		1973		
7.	18:08.1	A. Stolba, B. Johnston, Danny Toney, Ed Jennings	May '73		
8.	18:16.0		Nov-1964 Molloy Meet		
9.	18:19.4	Bruce Donohue, Vin Hogan, John Cahalin, Mike Demko	Apr '77		
10.	18:26.8	Rich Dugan, Tom Tuohy, Mike Walsh, Ed Duchini 4:43.5 4:33.7 4:47.0 4:22.6	Molloy Relays APR-08-1961	1961 US #6 All-Time #7	
11.	18:29.6	Tom Cully, E. Jennings, B. Johnston, A. Stolba	Apr '73		
12.	18:31.7	Frank Rafferty, Kevin Meuchner, Steve Hurley, Peter Morales	May '75		
13.	18:37.1	G. Centrowitz, Mick Rafferty, K. Meuchner, A. Stolba	Apr '73		
14.	18:38.1	Ed Jennings, B. Johnston, K. Meuchner, A. Stolba	Apr '74		
15.	18:41.2		1976		
16.	18:53.5	G. Centrowitz, Pete Dobrolski, M. Rafferty, E. Jennings	Apr '74		

Sprint Medley Relay (440, 220, 220, 440)			
1.	3:27.8	McCann, Jim Boland, Joseph, John Jakimetz	Relay Carnival

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975

NY State Catholic Outdoor Champions: 1975 & 1976

					1969
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Mile Relay

1	3:21.9	Greg Little, Matt Centrowitz, Robert Ricciardo, Daryl Everett	May '73
2	3:23.0	G. Little, Julio Rivera, Pablo Maseda, D. Everett	Apr '74
3	3:24.0	Mike Harris, Ray Naudain, Marty Wisnieski, Arthur Clark	May '71
4	3:24.3	J. Rivera, Jimmy Secreto, P. Maseda, Kedric Malone	May '75
5	3:23.2 m	Larry Haden, Pablo Maseda, Charley Cronly, Gil Figueroa 50.9 51.6 51.7 49.0	Apr '76
6	3:24.8	G. Little, J. Rivera, John Redgrave, D. Everett	May '73
7	3:25.1	J. Redgrave, D. Everett, John Novak, R. Ricciardo	Apr '73
8	3:25.8	L. Haden, G. Little, Emilio Feliciano, J. Rivera	May '74
9	3:26.0	L. Haden, J. Secreto, P. Maseda, K. Malone	May '75
10	3:26.2	J. Redgrave, J. Rivera, G. Little, D. Everett	Apr '73
11	3:26.3	P. Maseda, L. Haden, David Arrastia, K. Malone	May '75
12	3:26.5	J. Redgrave, R. Ricciardo, G. Little, D. Everett	Apr '73
13	3:25.4 m	Rose, Waller, De Los Santos, Tony West	1980
14	3:27.1	G. Little, E. Feliciano, J. Rivera, D. Everett	Apr '74
15	3:27.1	P. Maseda, J. Secreto, D. Arrastia, J. Rivera	Apr '75
16	3:27.3	P. Maseda, D. Arrastia, K. Malone, L. Haden	May '75
17	3:27.6	J. Redgrave, D. Everett, John McGurran, G. Little	Mar '73
18	3:28.0	L. Haden, P. Maseda, Mark Hellins, G. Figueroa	Apr '76
19	3:28.4	L. Haden, Charley Cronly, P. Maseda, G. Figueroa 53.7 53.2 52.2 49.3	May 1, 1976 NY Relays
20	3:28.5	J. Rivera, D. Everett, J. Redgrave, G. Little	Apr '73
21	3:28.8	J. Novak, Benny Greaux, J. Redgrave, D. Everett	Apr '72
22	3:28.8	K. Malone, J. Rivera, Bill Crawford, D. Everett	Jun '73
23	3:28.8	Bill Crawford, J. Rivera, D. Everett, K. Malone	Mar '74
24	3:28.8	L. Haden, J. Secreto, P. Maseda, D. Arrastia	May '75
25	3:29.3	C. Cronly, J. Secreto, P. Maseda, K. Malone	May '75
26	3:30.3	P. Maseda, W. Crawford, L. Haden, J. Rivera	Jun '74
27	3:30.4	L. Haden, W. Crawford, P. Maseda, E. Feliciano	May '74
28	3:30.9	L. Haden, W. Crawford, E. Feliciano, Dexter Kelly	May '74
29	3:31.1	B. Greaux, J. Redgrave, J. Novak, A. Clark	Apr '72
30	3:31.2	P. Maseda, J. Secreto, J. Clark, D. Arrastia	Apr '75
31	3:31.4	G. Little, J. Rivera, W. Crawford, D. Everett	Apr '74
32	3:31.8	Harold Holmes, Henry Albert, Phil Kenney, Ed Kelly	Apr-24-1965 Penn Relays
33	3:32.0	Juan Vera, J. Redgrave, Steve Smith, J. Novak	May '72
34	3:32.0	S. Smith, J. Redgrave, J. Vera, J. Novak	Jun '72
35	3:32.0	J. Secreto, Martin Floyd, C. Cronly, J. Clark	May '75
36	3:33.0	G. Murane, A. DeSantis, Tony Fiorentino, Mike Harris	May '71
37	3:33.0	Richard Borges, J. Novak, J. Redgrave, D. Everett	Mar '72
38	3:33.2	P. Maseda, C. Cronly, J. Clark, J. Secreto	May '75

School Record when run

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975

NY State Catholic Outdoor Champions: 1975 & 1976

39	3:33.3	Brian Horton, Kevin Bulger, Joseph, J. Jakimetz	May '69
40	3:33.2 m	Earl Glenn, Rich Beal, Ronald Pellissier, David Goderich	1983

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975
 NY State Catholic Outdoor Champions: 1975 & 1976

2 Mile Relay

1	7:40.7	Andy Walsh, Tony Colon, Peter Lovett, John Lovett 1:59.6 1:54.2 1:54.8 1:52.1	Apr-26-1969 Penn Relays
2	7:44.3	A. Walsh, A. Colon, P. Lovett, J. Lovett 2:01.0 1:54.8 1:55.0 1:53.5	May -03-1969 NY Relays
3	7:44.5	Mike Demko, John Sullivan, Alfred Fiorentino, Maurice Weaver 1:59.8 1:57.6 1:53.8 1:53.3	May 18, 1976 Jersey Relays
4	7:48.9	A. Walsh, A. Colon, P. Lovett, J. Lovett	1969
5	7:49.5	Joe Barbary, P. Lovett, J. Lovett, Chancy Marsh 2:00.7 1:56.8 1:55.1 1:56.9	May-11-1968 Loucks Games
6	7:50.0	Armando Vera, John Jakimetz, Ray Naudain, Tony Colon 2:00.4 1:59.9 1:56.5 1:53.2	Apr-25-1970 Penn Relays
7	7:50.7	J. Barbary, P. Lovett, J. Lovett, C. Marsh	May-18-1968 Schenectady
	7:50.7	J. Barbary, P. Lovett, J. Lovett, C. Marsh 2:01.2 1:59.0 1:56.8 1:53.7	Jun-15-1968 Eastern States
	7:50.7	Robert Ricciardo, Tom Cully, John Novak, Matt Centrowitz	1973
10	7:52.8	J. Lovett, P. Lovett, J. Barbary, C. Marsh 1:58.2 1:57.9 1:59.8 1:57.0	Apr-27-1968 NY Relays
11	7:52.9	R. Ricciardo, J. Novak, T. Cully, M. Centrowitz	Apr 1973
12	7:53.0	Ed Walsh, Marty Wisnieski, M. Centrowitz, Ray Naudain 1:55.1	April 24, 1971 Penn Relays
13	7:53.6	J. Lovett, P. Lovett, J. Barbary, C. Marsh 1:58.6 1:59.0 1:59.1 1:57.3	Apr-20-1968 Queens-Iona
14	7:53.7	John Shepherd, M. Centrowitz, Marty Wisnieski, R. Naudain	May 1971
15	7:54.1	M. Demko, Jn. Sullivan, Al Fiorentino, M. Weaver 2:01.4 2:01.7 1:55.9 1:55.1	May-01-1976 NY Relays
16	7:54.7	J. Shepherd, M. Centrowitz, M. Wisnieski, R. Naudain	May-01-1971 NY Relays
17	7:55.1	Andy Walsh, A. Colon, P. Lovett, J. Lovett 2:03.3 1:57.3 1:59.7 1:54.8	Apr-14-1969 Queens-Iona Relays
18	7:55.3	A. Vera, J. Jakimetz, R. Naudain, A. Colon	Apr 1970
19	7:56.1	Ed Walsh, M. Wisnieski, R. Naudain, M. Centrowitz	Jun 1971
	7:56.1	R. Ricciardo, T. Cully, J. Novak, M. Centrowitz	Mar 1973

**Penn Relays
Champions
Meet Record**

**Inducted into Penn Relays
Wall of Fame 1995**

**1969 US # 1
All-Time US #3
when run**

**Fastest time in
nation when run
in 1976.**

**Loucks Games
Record for 40 years**

**Penn Relays
Runner-Up**



In 1969, the legendary 2-mile relay team of Andy Walsh, Tony Colon, Pete Lovett and John Lovett, coached by Brother John Bielen, ran a time of 7:40.7 at the Penn Relays. Their record setting mark wasn't bettered by a metric equivalent for 21 years, the longest standing Carnival record of the high school championships.

#3 US All-Time when run

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975
 NY State Catholic Outdoor Champions: 1975 & 1976

2 Mile Relay (continued)			
21	7:56.9	Jn. Sullivan, Mike Demko, Jose Cotto, Al Fiorentino	Jun 1976
22	7:57.1	Al Fiorentino, Sean Ryan, Brian Johnston, M. Weaver	Apr 1974
23	7:57.9	R. Ricciardo, T. Cully, J. Novak, M. Centrowitz	Apr 1973
24	7:58.4	Mark Ryan, Frank Rafferty, Charley Cronly, Al Fiorentino	May 1975
25	7:59.1	Jeff Snaggs, J. Shepherd, E. Walsh, M. Wisnieski	Jun 1971
26	7:59.2	Pete Dobrolski, S. Ryan, Gerry Centrowitz, Al Fiorentino	Jun 1974
27	7:59.6	J. Lovett, P. Lovett, J. Barbary, C. Marsh 1:59.7 2:00.7 2:00.9 1:58.3	Apr-11-1968 All Hallows Games
28	7:59.8	Steve Hurley, Kevin Meuchner, F. Rafferty, M. Weaver	Jun 1975
29	8:00.4	S. Ryan, F. Rafferty, Al Fiorentino, M. Weaver	Apr 1975
30	8:01.2	S. Ryan, Al Fiorentino, F. Rafferty, M. Weaver	Apr 1975
31	8:01.3	Arthur Clark, Anthony Fiorentino, J. Snags, P. Rafferty	Apr 1972
	8:01.3	S. Ryan, M. Ryan, Al Fiorentino, M. Weaver	Mar 1975
33	8:02.2	E. Walsh, M. Wisnieski, M. Centrowitz, R. Naudain	Apr 1971
34	8:02.4	Anthony Larios, A. Walsh, Tommy McGoldrick, P. Lovett	May 1969
35	8:02.5	A. Vera, J. Snaggs, E. Walsh, M. Wisnieski	May 1970
36	8:02.6	A. Walsh, A. Colon, P. Lovett, J. Lovett	Jun 1969
37	8:02.8	G. Centrowitz, S. Ryan, P. Dobrolski, Al Fiorentino	May 1974
38	8:03.0	M. Demko, C. Cronly, Jn. Sullivan, Al Fiorentino	May 1976
39	8:03.2		1967
40	8:04.5	M. Demko, Jn. Sullivan, Al Fiorentino, C. Cronly	Apr 1976
41	8:05.2	G. Centrowitz, S. Ryan, B. Johnston, M. Weaver	Apr 1974
42	8:05.7	J. Snaggs, An. Fiorentino, P. Rafferty, M. Centrowitz	May 1972
43	8:05.8	A. Walsh, Kevin Bulger, R. Naudain, A. Colon	May 1969
44	8:06.2	K. Bulger, R. Naudain, A. Walsh, A. Colon	1968
45	8:06.3	Al Fiorentino, S. Ryan, B. Johnston, M. Weaver	Apr 1974
46	8:06.4	J. Shepherd, J. Snaggs, E. Walsh, M. Wisnieski	May 1970
47	8:06.5	An. Fiorentino, J. Snaggs, P. Rafferty, A. Clark	Apr 1972
	8:06.5	C. Cronly, Steve Hurley, Jn. Sullivan, F. Rafferty	May 1975
49	8:06.6	T. Cully, S. Ryan, Arthur Stolba, J. Novak	Jun 1973
50	8:07.1	S. Ryan, Jn. Sullivan, S. Hurley, K. Meuchner	Mar 1975
51	8:07.3	Mario Campos, Al Novell, C. Marsh, Rich Stewart	1966
	8:07.3	P. Dobrolski, Ed Jennings, G. Centrowitz, Al Fiorentino	May 1974



Power Memorial's 1968 Two-Mile Relay Team of Chancy Marsh, John Lovett, Joe Barbary & Peter Lovett were recognized at the Loucks Track & Field Games for their 40-year-old meet record (7:49.5) in the two-mile relay.

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975

NY State Catholic Outdoor Champions: 1975 & 1976

2 Mile Relay (continued)

53	8:07.5	S. Ryan, K. Meuchner, Al Fiorentino, M. Weaver	Apr 1975
	8:07.5	M. Demko, J. Cotto, John Cahalin, Jn. Sullivan	May 1977

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975

NY State Catholic Outdoor Champions: 1975 & 1976

4 x 800m Relay

1	7:48.7	Mike Demko, John Sullivan, Alfred Fiorentino, Maurice Weaver 2:00.3 2:00.4 1:53.6 1:54.5	Apr '76	1976 Penn Relays 2nd Place
2	7:52.7	M. Demko, Jn. Sullivan, Al Fiorentino, M. Weaver	Apr '76	
3	7:57.0	Branden Weaver, Jerry Cole, Tony West, Cassius Titus 2:01.0 1:58.4 1:59.3 1:58.3	Apr '78	
4	8:03.2	J. Cotto. M. Demko, Vin Hogan, Jn. Sullivan	Apr '77	



Maurice Weaver, Alfred Fiorentino, John Sullivan, Mike Demko
1976 Daily News - New York Relays

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975
 NY State Catholic Outdoor Champions: 1975 & 1976

Distance Medley (880, 440, 3/4, Mile)

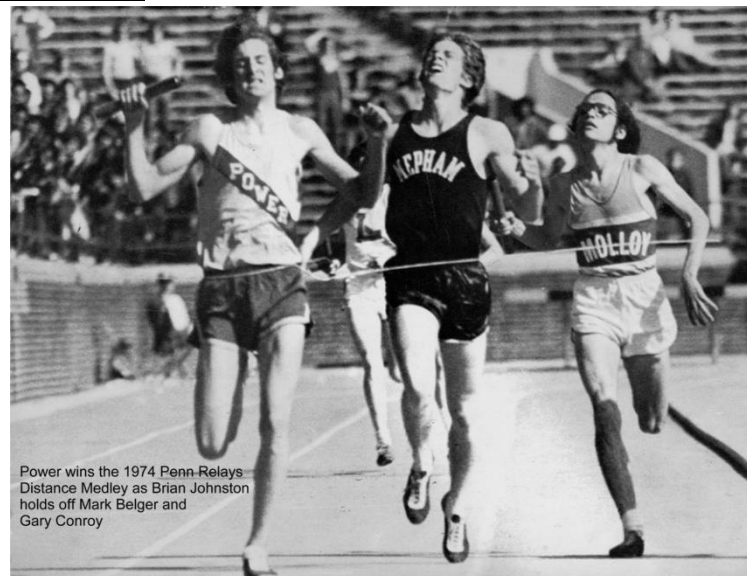
1	10:02.1m	Mike Demko, Gil Figueroa, Al Fiorentino, Maurice Weaver 1:59.9 (800m) 49.1 (400m) 3:21.0 (1300m) 3:51.7 (1500m)	Apr '76
2	10:09.9	John Novak, Robert Ricciardo, Tom Cully, Matt Centrowitz 1:59.2 49.5 3:12.6 4:08.7	Apr '73
3	10:13.4	John Jakimetz, Armando Vera, Ray Naudain, Tony Colon 2:00.2 52.9 3:06.1 4:14.2	Apr '70
4	10:16.1	Tom Cully, R. Ricciardo, John Novak, Matt Centrowitz	May '73
5	10:16.5	J. Jakimetz, A. Vera, R. Naudain, A. Colon 2:00.0 53.5 3:11.9 4:11.1	Apr '70
6	10:16.8	Gerry Centrowitz, Greg Little, M. Weaver, Brian Johnston 2:01.2 51.1 3:06.4 4:18.1	Apr '74
7	10:17.0	Pat Rafferty, Benny Greaux, Arthur Clark, M. Centrowitz	Mar '72
8	10:17.2	R. Naudain, A. Clark, Marty Wisnieski, M. Centrowitz	Apr '71
9	10:17.7	Frank Rafferty, Julio Rivera, Al Fiorentino, M. Weaver	May '75
10	10:18.5	R. Naudain, A. Vera, J. Jakimetz, A. Colon	May '70
11	10:19.1	A. Colon, J. Jakimetz, John Lovett, Peter Lovett	Apr '69
12	10:19.2	B. Johnston, Pablo Maseda, G. Centrowitz, M. Weaver	May '74
13	10:16.5m	Ricky.Thomas, J. Waller, Tony West, Branden Weaver	May '80
14	10:21.2	J. Novak, John Redgrave, T. Cully, M. Centrowitz	Jun '73
15	10:21.5	Sean Ryan, J. Rivera, Al Fiorentino, M. Weaver	Apr '75
16	10:21.6	Garth McKay, Chancy Marsh, Mario Campo, Richard Stewart	1967
17	10:22.2	M. Weaver, Bill Crawford, G. Centrowitz, B. Johnston	May '74
	10:22.2	M. Demko, John Sullivan, Al Fiorentino, M. Weaver	Apr '76
19	10:22.3	Garth McKay, Mario Campo, Chancy Marsh, Richard Stewart 3:09.5 52.0 1:56.5 4:24.3	Apr-22-1967 Queens-Iona
20	10:22.5	Garth McKay, Mario Campo, Chancy Marsh, Richard Stewart 3:07.8 51.8 1:59.9 4:23.0	1967 NY Relays
21	10:22.6	J. Novak, R. Ricciardo, T. Cully, M. Centrowitz	Apr '73
22	10:22.8	J. Novak, R. Ricciardo, T. Cully, M. Centrowitz	May '73
23	10:23.7	M. Wisnieski, A. Clark, M. Centrowitz, R. Naudain	Apr '71
24	10:24.5	R. Ricciardo, G. Little, M. Centrowitz, T. Cully	Mar '73

Penn Relays Champions
 Meet Record
 NY State Record

US #1 in 1976
 T&F News All-America Team

Penn Relays
 Champions

Penn Relays
 Champions



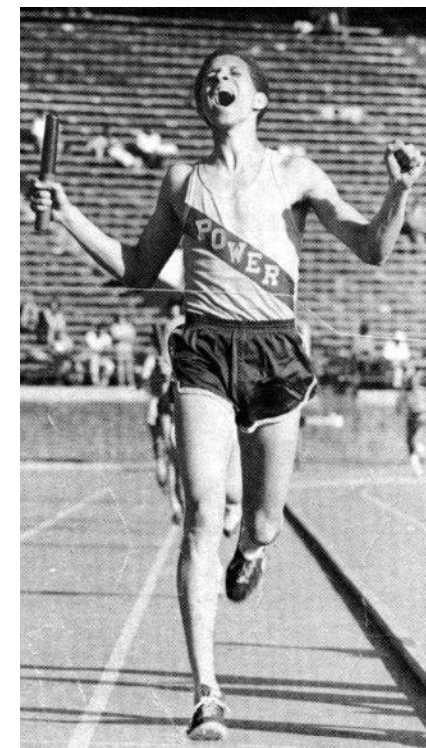
Power wins the 1974 Penn-Relays Distance Medley as Brian Johnston holds off Mark Belger and Gary Conroy

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975
 NY State Catholic Outdoor Champions: 1975 & 1976

Distance Medley (continued)						
25	10:24.6	John Lovett, Peter Lovett, Chancy Marsh, Joe Barbary 1:59.4 51.6 3:13.0 4:20.6	Apr-06-1968 Brandeis Relays			
26	10:24.8	R. Naudain, Mike Harris, A. Vera, A. Colon	Apr '70			
27	10:25.3	A. Colon, J. Jakimetz, J. Lovett, P. Lovett	Apr '69			
28	10:25.6	Al Fiorentino, J. Rivera, F. Rafferty, M. Weaver	Apr '75			
29	10:25.9	S. Ryan, P. Maseda, Al Fiorentino, M. Weaver 2:02.5 51.5 3:12.5 4:19.2	Apr '75 Queens-Iona			
30	10:26.8	John Dooley, Dick Dugan, Tom Tuohy, Ed Duchini 54.2 2:01.6 3:11.7 4:19.3	Apr-22-1962 Queens-Iona			
31	10:27.3	M. Weaver, G. Little, S. Ryan, B. Johnston	Apr '74			
32	10:27.5	M. Centrowitz, A. Clark, M. Wisnieski, R. Naudain	Apr '71			
33	10:28.0	J. Lovett, J. Jakimetz, P. Lovett, A. Colon	Mar '69			
34	10:29.5	T. Cully, W. Crawford, G. Centrowitz, M. Centrowitz	Apr '73			
35	10:25.3m	Cassius Titus, Tony West, Jim Sullivan, Branden Weaver 1:57.9 50.7 3:11.3 4:25.4 (+4.2)	Apr '79			
36	10:29.6	Walter Walsh, Joe Woods, Art McCarthy, Kevin O'Brien	Apr '64	Fastest time in nation when run in 1964. #10 in the nation for the year		
37	10:31.3	Mike Radov, Alex Winogradoff, John Doran, Ed Duchini 2:00.0 54.1 3:11.6 4:25.6	Apr-30-1960 Penn Relays	Penn Relays Champions Meet Record		
38	10:32.2	R. Naudain, J. Jakimetz, A. Colon, A. Vera	Apr '70			
39	10:33.5	J. Lovett, Chancy Marsh, P. Lovett, Joe Barbary 2:01.1 51.8 3:16.0 4:24.6	Mar-30-1968 St. Pete Relays			
40	10:33.6	Al Fiorentino, J. Rivera, F. Rafferty, M. Weaver	Apr '75			
41	10:33.9	Al Fiorentino, Pablo Maseda, Maurice Weaver, Brian Johnston	Apr '74			
42	10:34.1	Tony Fiorentino, Pat Rafferty, Arthur Clark, Maurice Weaver	May '72			
43	10:35.1	J. Doran, M. Radov, Tom Touhey, E. Duchini	Apr-23-1960 Queens-Iona	Meet Record when run		
44	10:35.8	Jn. Sullivan, G. Figueroa, Jose Cotto, Charles Cronly	Apr '77			
45	10:37.4	Bob Spaulding, Henry Albert, Al Novell, Kevin O'Brien	1965			
46	10:37.9	Chancy Marsh, J. Lovett, P. Lovett, J. Barbary	1968			



Maurice Weaver anchors Power to the Distance Medley Championship of America at the 1976 Penn Relays in a national record setting time of 10:02.1. As one of the top milers in the USA, Maurice ran in the prestigious Golden West Invitational Mile.

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975

NY State Catholic Outdoor Champions: 1975 & 1976

Distance Medley (continued)

47	10:38.9	T. Cully, J. Redgrave, J. Novak, B. Johnston	May '73
48	10:39.0	J. Cotto, Bruce Geaniotis, Jn. Sullivan, Vin Hogan	Apr '77
49	10:39.3	Pete Dobrolski, Tom Harrington, S. Ryan, M. Weaver	Mar '74
50	10:39.8	R. Stewart, M. Campo, C. Marsh, G. McKay	1967



(NEWS foto by John Pedin)

Power Memorial's Distance Medley squad (l. to r.): Garth McKay, Mario Campo, Gordon Jackson, Richard Stewart and Chancy Marsh are all warmed-up for today's event.

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975
NY State Catholic Outdoor Champions: 1975 & 1976

1970 Distance Medley Relay

Triple Crown Champions

PENN RELAYS — 1970

“Triple Crown” Winners

- Queens — Iona Relays
- Penn Relays
- New York Relays



Left to Right: John Jakimetz, Armando Vera, Ray Naudain, Anthony Colon, Brother Bielen.

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975

NY State Catholic Outdoor Champions: 1975 & 1976

1960 Penn Relays

Distance Medley Relay Champions

Meet Record Time of 10:31.3



1960 Penn Relays DMR Champions of America with their championship plaque

John Doran, Ed Duchini, Mr. John Mulligan, Br. Killea, Alex Winogradoff and Mike Radov

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975
NY State Catholic Outdoor Champions: 1975 & 1976

120y High Hurdles

1	Martin Nevrla	14.0	1966
2	Al Sinisi	14.3	1957
3	Glenn Davis	14.7	May 1975
4	Thom Powers	14.8	Apr 1971
5	Keith Poney	14.9	May 1975
6	Craig Isaac	15.6	Jun 1964
7	Gerry Hines	16.1	May 1975
8	Leland McGee	16.4	May 1972
9	Tony Todd	17.5	Apr 1974

180y Low Hurdles

1	Martin Nevrla	20.2	1966
2	Ewald Greene	21.7	Jun 1964
3	Emilio Diego	24.2	1968
4	Mike Harris	24.5	Apr 1969
5	Gerry Hines	24.7	Apr 1973
6	Edwin Oramus	25.1	Apr 1972

330y Intermediate Hurdles

1	Keith Poney	42.0	May 1974
2	Leland McGee	43.9	Apr 1972
3	Thom Powers	44.8	Apr 1971
4	Edwin Oramus	45.3	May 1972
5	Thom Powers	46.8	1970 (Relay Carnival)
6	Bill Vosilla	48.5	Apr 1971

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975

NY State Catholic Outdoor Champions: 1975 & 1976

Long Jump

1	Martin Floyd	23' 5"	1975
2	Glenn Davis	23' 2½"	1975
3	Kendall Harris	22' 2"	May 1977
4	Arthur Clark	21' 3¾"	1972 Intersectionals
5	Ed Christopher	20' 10¾"	May 1977
6	E. Morales	20' 7¾"	May 1977
7	Martin Davis	20' 3¾"	1977
8	Joe Maffia	20' 3½"	1977
9	Ray Naudain	20' 3"	1969 Intersectionals
10	Domingo Rodriguez	20' 1½"	1975
11	Sam Johnson	20' 1¼"	1975
12	Don Bohan	19' 10"	1952
13	Bernie Romero	19' 6¾"	May-30-1952
	Leland McGee	19' 6¾"	1973
15	Daryl Everett	19' 6"	1971
16	Joe Vogel	19' 3½"	Apr 1977
17	John Melendez	19' 3"	Apr 1977
18	Bill Vargas	19' 2½"	1975
19	Joseph Gariano	19' 2"	May-28-1938 Intersectionals
20	Peter Melendez	18' 9¼"	Apr 1977
	Pedro Linares	18' 9¼"	Apr 1977
22	Ed Christopher	18' 5¾"	Apr 1976 Private School Championships
23	Suite	18' 3½"	May 1977
24	John Herlihy	17' 6¼"	May 1944
25	John Garrity	17' 6"	May 1936

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975
 NY State Catholic Outdoor Champions: 1975 & 1976

Triple Jump

1	Martin Davis	48' 5½"	1979
2	Glenn Davis	47' 0¾"	1975
3	Joe Maffia	46' 11½"	1977
4	Martin Floyd	46' 8¾"	1976
5	Kendell Harris	46' 2½"	1977
6	Pedro Linares	45' 9½"	1978
7	Joe Vogel	42' 5¼"	May 1977
8	Ed Christopher	41' 8¾"	1977
9	Benny Greaux	41' 6"	1970 Intersectionals
10	Kendrick Malone	40' 5¾"	1973
11	Dexter Kelly	40' 0¾"	1975



Martin Davis
1977

Javelin

1	Dennis Ortiz	186' 6"	1979 St. Peters Dev.
2	Tim Sullivan	177' 10"	1978
2	John McCabe	171' 10"	May '76
3	Joe Castronouvo	170' 6"	May '75
4	Dennis Ortiz	170' 4"	NY Relays May-05-1979
5	Caporlingua	156' 9"	Apr '76 Private School Championships
6	George De Stefano	150' 7"	1974
7	L. Cintron	148' 0"	Apr 30, 1976 NY Relays
8	Hanson	141' 1"	Apr '77



Joe Castronouvo
1975

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975
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Pole Vault

1	Gourdin	9' 0"	1973
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High Jump

1	Martin Floyd	6' 2"	1975
2	Martin Davis	5' 9"	Mar '77
3	Green	5' 6"	1970
4	Leroy	5' 6"	1975

Discus

1	Joe Castronuovo	130' 7½"	May '75
2	Andy McErlean	119' 10"	Spring 1950 13 th Annual CBI Meet
3	Tim Sullivan	117' 9"	Apr '77
4	Domingo Rodriquez	117' 7"	Apr '76 Private School Champs
5	Tim Moore	113' 10"	May '75

Shot Put

1	Tim Moore	46' 10½"	May '75
2	Tim Sullivan	45' 0"	Apr '77
3	Domingo Rodriquez	44' 7"	Mar '75
4	Donald Bullard	43' 5½"	May '43
5	V. Mirlov	43' 0"	May '77
6	Straini	42' 11"	1974

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975

NY State Catholic Outdoor Champions: 1975 & 1976



**1975 New York State Catholic Outdoor Champions
1975 CHSAA Outdoor City Champions**

Standing: Coach Br. John Bielen, Kevin Meuchner, Julio Rivera, George Alcoforado, Lance Hewitt, Tom D'Asaro, Pat Timlin, Steve Hurley, John West, Jim Hines, Frank Kelly, Joe Castronuovo, Kedrick Malone, Joe O'Connor, Charley Cronly, Bill Michelson, John Cahlin, Coach Br. Thomas Smith

Kneeling: Frank Rafferty, Kenan Boate, Maurice Weaver, Peter Morales, Anthony Murphy, Bill Vargas, John Sullivan, Gil Figueroa, David Arrastia, Jeff Clark, Jimmy Secreto, Pablo Maseda, Mike Demko, Warren Martin

Sitting: Alfred Fiorentino, Vinny Bowers, Martin Floyd, Glen Davis, Michael Clarke, Keith Poney, Dexter Kelly, Mark Hellins, Chris O'Conner, Bruce Geanotis, Chris Meuchner

Power Memorial Academy

All Time Outdoor Track & Field Records

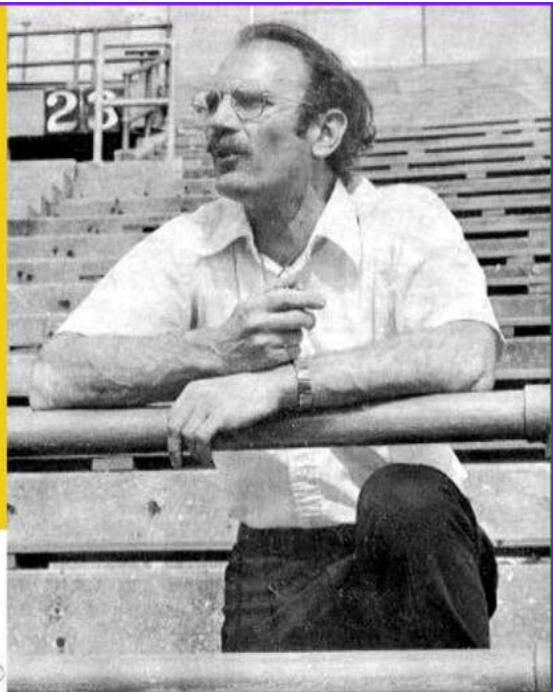
CHSAA Outdoor City Champions: 1975

NY State Catholic Outdoor Champions: 1975 & 1976



2016 Power Memorial Academy Hall of Fame & Reunion Dinner

BR. JOHN BIELEN
2016 PMA HALL OF
FAME INDUCTEE

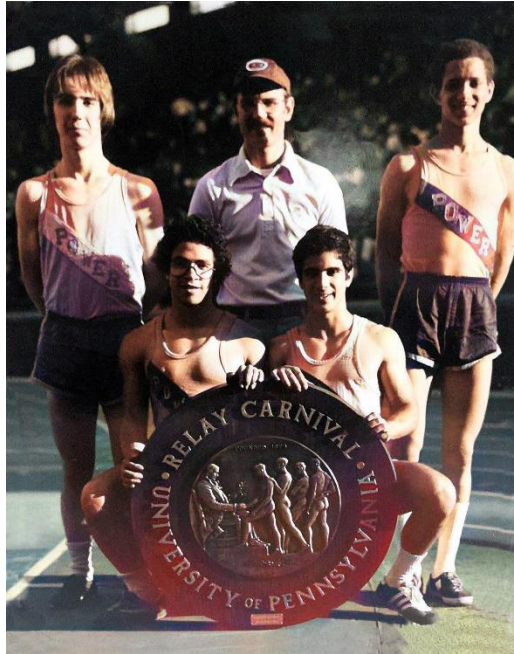


*... and welcome to that great group of
people - the Power Track Alumni
Br. Bielen*

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975
NY State Catholic Outdoor Champions: 1975 & 1976



1976 Penn Relays Distance Medley Champions

(Standing: Mike Demko, John Bielen, Maurice Weaver)
(Kneeling: Gil Figueroa and Alfred Fiorentino)

All records compiled by Bruce Geaniotis. Thank you, Br. John Bielen, Mr. John Mulligan, Br. Thomas Smith, Mr. Jim McGarry, Br. Moffett and all others who coached and supported Power Track & Field athletes over the years. Information for the Power Memorial Academy "All-Time" Track & Field lists was gathered from "timesheets" maintained by Br. Bielen and other coaches, Power yearbooks, the CHSAA Newsletter, New York State Scholastic Track & Field yearbooks, the History of the CHSAA Track & Field Championships, and reliable internet sources. Additional information and photo's provided by Tom Cullen, Ed Walsh, Chris Meuchner, Art McCarthy and others. While every effort was made to ensure accuracy and completeness it is certain the "all-time" lists are incomplete, particularly for years prior to 1967 and after 1977. My apologies if you went faster, further, or higher or may not be listed at all. I didn't see the timesheet. Last updated 09/23/2024.

Please send corrections, updates, photographs other PMA memorabilia to pmatrack@yahoo.com